



STUDENTS BRIEFS

March 2024



BACK TO BASICS





Ezra Conference 2023

BACK TO BASICS

A believer in 2024 is confronted by many exaggerated and false opinions about their faith. It is possible to be confused and lost in the claims of relativism. The heartbeat of Ezra 2023 was to affirm the centrality of the Word of God and confront some of the popular untruths in our time. Over 2700 students and associates from Kenya and beyond gathered at Kabarak University to be pointed back to the basics from 28th December 2023 to 1st January 2024.

In this triennial conference, we had refreshing expositions on the Semon on the Mount. It addressed empty spirituality, highlighting the importance of transformed hearts and lives in a materialistic world. Additionally, we had rich plenaries that demonstrated the Scripture's ability to speak authoritatively to all life issues. By God's grace, we saw many receiving salvation and others committing themselves to holy living to the glory of God.



Plenary presentations including session speakers, creative ministry skit and Ezra 2023 praise and worship team.

RE-BIBLING STUDENTS



Students discussing in their small group Bible study sessions

An important goal of Ezra 2023 was helping the delegates to retrace their paths to Scripture centrality, dubbed as *re-bibling*. The over 70 seminars handled in the conference covered various theological and social issues. The speakers demonstrated the reality of God's Word being meaningful through all seasons in our lives. Personal devotions, prayers and small group bible study were useful for fueling the zeal for the Word of God.

It was exciting to see the students interact and bond over their faith with students from other institutions. We trust that they will sustain their new connections as friendships that mutually encourage them. Praise the Lord with us for an opportunity to re-bible a generation of believers. Pray also that God will help them to live faithfully in their calling and convictions. You can catch or revisit the plenary sessions by using [this link](#).



Seminars during the conference helping students to gain skills on Inductive Bible Study, Apologetics and how to apply God's Word to their circumstances.

SO SEND I YOU!

As a runner up to Commission 2024 Conference, we held a National Missions and Evangelism Summit (NEMS) this February. 106 Missions and Evangelism Coordinators from nearly 100 Universities and Colleges across the country gathered at Kenyatta University for this Summit. The students had six plenary sessions and opportunities for exposure and mentorship by 10 local Mission Organizations and over 40 missionaries active in different stations across the world. After the 2 days stay, it was refreshing to hear the testimonies of how they were fanned into zeal for student evangelism, local and global missions.

“It was such an amazing moment, of getting to deeply understand the ultimate desire of God for me to be part of what He is doing Globally.” -Missions Coordinator, Murang’a University of Technology Christian Union

“... I and my team have really benefitted and now we have seen Mission and Evangelism in another scope, and we look forward to implementing what we have learnt.”-Missions Coordinator, African International University

As we embark on different aspects of Missions this year, please join us in prayer for the planning of Commission Conference planning and the activities that culminate to it. Pray also for the CU missions in different parts of the country. You can register in advance for Commission Conference at conferences.focuskenya.org.



Evangelism and Mission Coordinators during NEMS receiving mentorship with mission partners and interacting with season speakers.



MWILI WANGU, MALI YA MUNGU

Sexual purity is more than the absence of physical sin. It is the deliberate effort to pursue holiness in one's heart and consequentially preserving ourselves from sinful sexual indulgences. This is an acknowledgement that our bodies are God's temples to be honored (1 Cor 6:19-20), and the basis of our annual Chastity Campaigns.

For the last 10 years, CUs have organized special forums to advocate for Sexual Purity among their peers and the campus community every February. This year we had various CUs doing walks around their institutions, planning talks on guarding their hearts and signing purity pledge cards for their accountability to one another.

We thank God for the students who are supporting one another in upholding chastity. Pray that many others will be convicted of the same and be committed in honoring God.



Highlights of Chastity Campaign Walks in Chuka, JKUAT and Machakos CUs.

HOPE, HELP, HEALING

Sexual sin begins with subtle temptations to gratify urges inappropriately and at the wrong times. As one succumbs to these temptations, their sense of guilt and shame diminishes, allowing the urge to tighten its grip on their heart. Over time, this leads to spiritual defeat and a gradual decay of one's moral integrity. Often, individuals feel condemned and withdraw from the support of their fellow believers. Some resort to secretive behaviors to conceal their wrongdoing. How can we change this pattern so that those who sin turn to the Lord instead of hiding from Him?

Firstly, we must acknowledge that all forms of sexual sin have deep roots within human nature. Merely resisting temptation is not enough; we must actively cultivate Christian disciplines that nurture spiritual growth. These disciplines act as the power that shuts off the flow of temptation, delivering a decisive blow to the stubborn hold of sin.



To accomplish this, we need to actively foster truth and gentleness in supporting our struggling friends. That's why FOCUS Kenya is presenting the Break Free 2024 Series. This initiative will offer enriching content and discipleship for those battling sexual sin and those interested in supporting them.

To connect with someone for personalized discipleship and help reach out to us at 0723412412.

We pray that this initiative effectively reaches and equips people to Break Free and experience profound transformation in battling the flesh and lust.

CHECK OUT
BREAK-FREE
HERE!

OUR STUDENTS MOVEMENT

CUs are very transient fellowships with recent approximations of 8,000 students leaving the CUs each year for the job market and 64,000 in the CUs. The Lord has graciously supplied 104 staff to reach the 215 institutions in the movement and many other volunteers and partners for the 51 years of ministry in Kenya.

CUs have organized FOCUS Sundays to help new students to understand their position and contributions to a greater Fellowship. During these fellowships, students are socialized to the Movement that links them to other Institutions for mutual enrichment through strategic support, programs and events. These fellowships are also useful to share needs for support that students around them and to give them opportunities to support in reaching their peers across the country. We thank the Lord for the ownership of the Movement expressed during these forums. May God keep the students encouraged in supporting FOCUS all through. Pray with us that we will stay committed to God's call to serving students.



FOCUS Sunday at UON Kenya Science. Associates attended and had small group conversations with students in their year-of-study groups.



FOCUS Sunday at SEKU was an Ezra Conference follow up strategy, with a panel discussion on the key highlights of the Conference.

FOCUS SUNDAYS HIGHLIGHTS



FOCUS Sunday in Bomet University CU, the CU leadership and associates from Bomet Branch had a meeting to engage their transition to the new region, South Nyanza.



FOCUS weekend at Bukura College, an Associate spoke on 'Pure Love'. Thereafter, they had brothers and sisters talks where students opened up about the fears of marriages and relationships while associates affirmed God's truth to them.



FOCUS Sunday organized for CUs in Garissa. the students had the opportunity to fellowship together and be equiped to reach their fellow students.



OUR MOVEMENT LEADERS

Strategic planning, execution and evaluation of CU initiatives and plans are the main points of accountability for assessment during the Regional Students Executive Committee (RSEC) meetings. Each CU per region is represented by the Chairperson and Secretary in the regional RSEC where they network, share ideas and convictions of service. The RSEC officials make up the National Students Executive Committee (NASEC) to give a national perspective of ministry in the year.

This February and March have marked the completion of the regional RSEC and NASEC meetings. This year, we had the highest attended meetings across the regions, an inspiring indicator of our growth.

However, some of the venues were very congested, forcing the students in attendance to share the limited resources with unavoidable inconveniences. We look forward to the actualization of Hatua in all regions to help us develop infrastructure and meet our stakeholders needs more effectively. Have you participated in shaping the future leaders through Hatua? You can click this [link](#) or call 0724 997 060 to learn how you can partner in Hatua.



Highlights from NASEC meeting with 78 participants, inclusive of staff at FOCUS Center, Kasarani. The discussions were centered on consolidating ministry gains and advancing into new frontiers



The first RSEC meeting of our new region, South Nyanza, 16 students from 9 CUs attended the meeting at Rongo University with 4 of them being appointed to lead the region. Praise the Lord for the great start in the region.



RSEC meeting in Northern Nairobi Region with over 60 student leaders at FOCUS Center, Kasarani. The highlight of the weekends were the capacity development sessions.

RSEC MOMENTS



RSEC in Southern Nairobi Region at FOCUS Center, Kasarani brought together 34 students from 20 CUs. The retreat culminated with prayers at the Hatua construction site.



54 students from Mt Kenya Region gathered at Chuka University for RSEC. The highlight of the weekend was the sermon on upholding the Truth amidst Heresy.



34 students gathered at Moi University Main Campus for the North Rift RSEC. Among the highlights were a Heart-to-Heart talk, a walk, and a special visit to an associate's home.

RSEC MOMENTS



Western Region RSEC with 38 students gathered at Kaimosi Friends University. The small group discussions were the highlight of the retreat.



The Central Rift RSEC attracted 40 students from 18 CUs. The retreat took place at Laikipia University and the theme was Building on the Foundation of Christ.



Pwani Region RSEC with 29 students from 14 CUs gathered at KMTTC Msambweni. The focus of the retreat was transformational leadership in the context of the region.

LEAVING SCHOOL SOON?

Simon Ngaruiya

2023 Graduate- Meru University



FOCUS Kenya remains a significant part of my growth journey in campus life. Through FOCUS, we engaged in well-organized training sessions that addressed topics relevant to us as young people. The Vuka Fyt program prepared me for transition and the Fresh Graduates Program has equipped us with the skills to navigate life after campus. A key takeaway was the importance of investing in capacity building and gaining experience, which doesn't always have to involve money.

Caroline Njeri

2023 Graduate-Egerton University



FOCUS played a pivotal role in shaping my understanding of the Bible through impactful teachings and dedicated Bible study sessions. As I transition into the post-graduate phase, I commend FOCUS for its substantial contribution to my professional network. The networking opportunities provided, especially through engaging high tea events, have been instrumental in fostering connections with fellow professionals, enhancing my post-graduate journey.

We welcome all finalists to our Fresh Graduates Program, designed to support their transition beyond school. This program offers mentorship opportunities focused on preparing for the marketplace and becoming impactful Christian professionals in your field.

The sessions cover a wide range of topics, from singlehood and marriage to workplace trends and Christian responses. You'll also have the chance to connect and network with other Christian professionals for encouragement and learning.

STAFF TRANSITIONS



Caleb Lemayian
Acting Corporate
Communications Director



Peter Parsimiti
Finance and Admin
Director



Ben Birgen
MT. Kenya Regional
Coordinator



Joyline Mutai
South Nyanza Regional
Coordinator



Regina Kariuki
Northern Nairobi Regional
Coordinator



Clement Kamau
Western Regional
Coordinator

STAFF TRANSITIONS



Susan Nzuki

Leadership and Mentorship
Coordinator



Isaac Miriti

CMF Nyeri and Karatina
CUs



Kevin Omulah

Bookstall Officer



Walter Jimwel

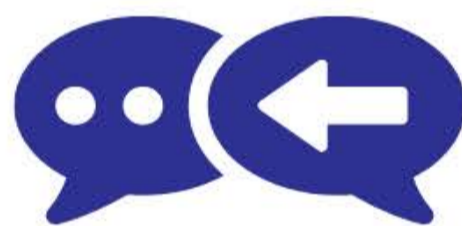
Social Action Coordinator



PARTICIPATION AND CONTACTS



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Resource Department
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Tatua: 0722 564 851

Mt. Kenya: 0728 067 067
Pwani: 0724 997 056
Central Rift: 0724 997 057
North Rift: 0724 997 058
Western: 0724 997 059
focus@focuskenya.org
www.focuskenya.org